

# CLIENT HISTORY

## GENERAL INFORMATION

Please check and fill in all applicable items.

For office only

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work or cell phone \_\_\_\_\_  
 Found out about us: \_\_\_ phone book \_\_\_ sign \_\_\_ web Referred by \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Client # \_\_\_\_\_  
 Date \_\_\_\_\_  
 DOE \_\_\_\_\_  
 DOI \_\_\_\_\_  
 Referral \_\_\_ Y \_\_\_ N  
 Prior Client \_\_\_ Y \_\_\_ N

Email \_\_\_\_\_ Automatic notices will be sent for *appointment reminders*.

## CURRENT COMPLAINTS

1. \_\_\_\_\_ How long? \_\_\_\_\_ Getting: \_\_\_ Worse \_\_\_ Better Prior History \_\_\_ Y \_\_\_ N  
 2. \_\_\_\_\_ How long? \_\_\_\_\_ Getting: \_\_\_ Worse \_\_\_ Better Prior History \_\_\_ Y \_\_\_ N  
 3. \_\_\_\_\_ How long? \_\_\_\_\_ Getting: \_\_\_ Worse \_\_\_ Better Prior History \_\_\_ Y \_\_\_ N  
 4. \_\_\_\_\_ How long? \_\_\_\_\_ Getting: \_\_\_ Worse \_\_\_ Better Prior History \_\_\_ Y \_\_\_ N

Are your current complaints due to an injury? \_\_\_ Y \_\_\_ N \_\_\_ Auto \_\_\_ Work \_\_\_ Sports \_\_\_ Other \_\_\_\_\_  
 Has an accident been reported? \_\_\_ Y \_\_\_ N Have you retained an attorney? \_\_\_ Y \_\_\_ N Name \_\_\_\_\_

Do you have any of the following today? (please check/fill in)

\_\_\_ Cold or Flu \_\_\_ Inflammation/Swelling \_\_\_\_\_ \_\_\_ Poison Ivy/Oak \_\_\_\_\_  
 \_\_\_ Temperature \_\_\_ Cuts/Bruises \_\_\_\_\_ \_\_\_ Burns \_\_\_\_\_  
 \_\_\_ Headache \_\_\_ Skin Rash \_\_\_\_\_ Sensitivity to  
 \_\_\_ Sunburn \_\_\_ Other \_\_\_\_\_ \_\_\_ Heat \_\_\_ Cold \_\_\_ Aroma

## PRIOR TREATMENT

Have you been treated for above complaints by any of the following? (please check/fill in)

\_\_\_ Chiropractor \_\_\_ Physical Therapist \_\_\_ Naturopath \_\_\_ Osteopath \_\_\_ MD \_\_\_ Acupuncturist

Name of treating provider \_\_\_\_\_ When? \_\_\_\_\_

Results of Treatment \_\_\_\_\_

Have you ever received Massage Therapy? \_\_\_ Y \_\_\_ N Name \_\_\_\_\_ When? \_\_\_\_\_

## SUBJECTIVE STATUS

Primary (#1) complaint severity scale  
 less 0 1 2 3 4 5 6 7 8 9 10 more

P = Pain

A = Ache

S = Stiff

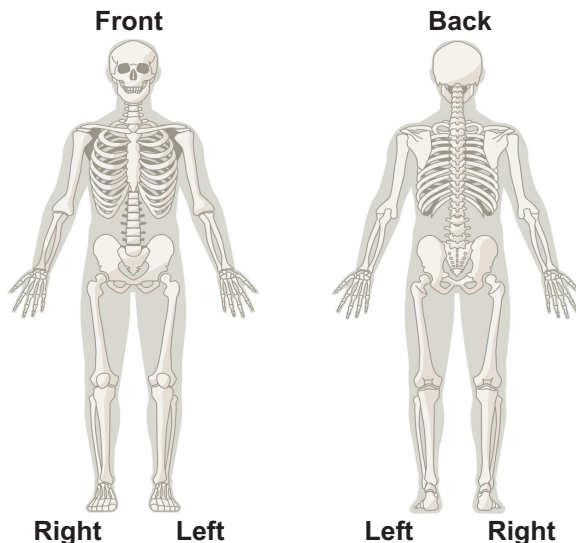
B = Burn

Sh = Shooting

Sp = Spasm

N = Numb

T = Tingling



Staff of Therapist's Notes Only

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Staff

Therapist's Notes Only

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Therapist

**Please complete the following before care is considered**

Circle all current conditions AND all recurrent conditions AND all previously diagnosed conditions rendered from a health care provider.

<u>Client only</u>	<u>Notes</u>	<u>Client only</u>	<u>Notes</u>	<u>Client only</u>	<u>Notes</u>	<u>Client only</u>	<u>Notes</u>
Allergies	_____	Shoulder pain	_____	Asthma	_____	Spitting blood	_____
Chills	_____	Elbow/wrist pain	_____	Emphysema	_____	Blood in urine	_____
Convulsions	_____	Knee/foot pain	_____	Deafness	_____	Blood in stool	_____
Dizziness	_____	Swollen joints	_____	Ear noises	_____	Frequent urination	_____
Fainting	_____	Belching or gas	_____	Thyroid disease	_____	Difficulty holding urine	_____
Fatigue	_____	Indigestion	_____	Hoarseness	_____	Painful urination	_____
Headache	_____	Acid reflux	_____	Bleeding	_____	Prostate disease	_____
Loss of sleep	_____	Irritable bowel	_____	Easy bruising	_____	Painful periods	_____
Weight gain	_____	Diarrhea	_____	Ear pain	_____	Breast implants	_____
Nervousness	_____	Excess hunger	_____	Chest pain	_____	Pregnancy	_____
Nerve pain	_____	Jaundice	_____	High blood pressure	_____	Seizures	_____
Night sweats	_____	Hepatitis	_____	Low blood pressure	_____	Depression	_____
Numbness	_____	Liver disease	_____	Heart pain	_____	Anxiety	_____
Recur. twitches	_____	Gall Bladder	_____	Heart disease	_____	Cancer	_____
Tremors	_____	Aids	_____	Stroke	_____	Diabetes	_____
Difficult breathing	_____	Pancreatic disease	_____	Ankle swelling	_____	Contagious disease	_____
Neck pain	_____	Kidney disease	_____	Feet swelling	_____	Lupus	_____
Thoracic pain	_____	Nausea	_____	Varicose veins	_____	Multiple Sclerosis	_____
Low back pain	_____	Abdominal pain	_____	Skin disease	_____	Head injury	_____

**OTHER HEALTH INFORMATION**

**Surgeries** Initial here \_\_\_\_\_ if you have NEVER had any surgeries.

List all surgeries	Date	List all surgeries	Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Injuries** Initial here \_\_\_\_\_ if you have NEVER had any injuries.

List all accidents resulting in treatable injuries. Include auto and spinal injuries. List all dates

_____	_____
_____	_____
_____	_____

**Spinal History** Initial here \_\_\_\_\_ if you have NEVER had any non-surgical spinal procedures.

List all non-surgical procedures including spinal taps, injections, braces, etc. List all dates

_____	_____
_____	_____
_____	_____

**List of all Medications and Nutritionals** Initial here \_\_\_\_\_ if you DO NOT take medications, supplements or herbs.

List all non-surgical procedures including spinal taps, injections, braces, etc.

_____
_____
_____

**Please list all disease (diabetes, lupus, liver, kidney, cancer, etc.) for**

Yourself \_\_\_\_\_  
 Your immediate family \_\_\_\_\_  
 Do you Smoke? \_\_\_ Y \_\_\_ N \_\_\_ per day    Drink Alcohol? \_\_\_ Y \_\_\_ N \_\_\_ per day    Exercise? \_\_\_ Y \_\_\_ N \_\_\_ per week  
 Do you have any history of cancer? \_\_\_ Y \_\_\_ N    If yes, what type and when? \_\_\_\_\_

**Statement of Accuracy and Consent to Treat**

By signing below, I agree that I have completed the above form and I have not omitted, nor misrepresented any requested health information and that as with all health care protocols, there is an inherent risk of post treatment soreness and/or aggravation of known pre-existing conditions. I further understand that the inherent risks noted above are substantially less than the adverse effects of NSAIDS and various other medications for the control of muscular skeletal dysfunction. I fully understand the above and give my full consent for assessment and treatment according to the standards and practices of soft tissue therapy.

Signature of client or guardian \_\_\_\_\_ Date \_\_\_\_\_